



A step by step guide to an ECG.

Guide bubble

Why

To understand what happens during an ECG

Where

Anywhere

When

Before your visit

Time

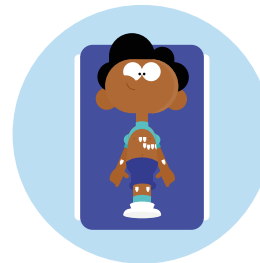
5+ mins



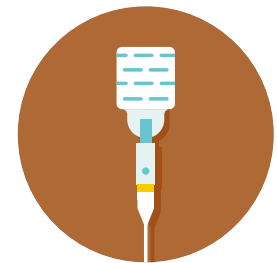
1. Lie back



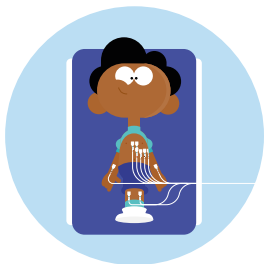
2. Lift up clothes



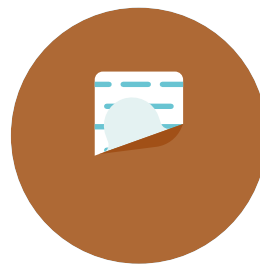
3. Sticky dots placed



4. Wires attached



5. Stay still and quiet



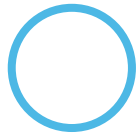
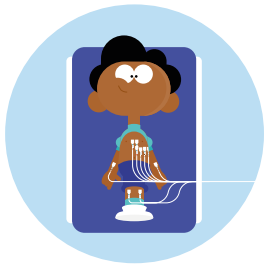
6. Wires and sticky dots removed



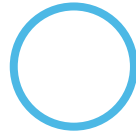
7. All finished

Activity

The ECG steps have been muddled up! Can you number them in the right order?



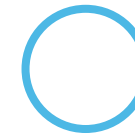
Stay still and quiet



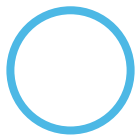
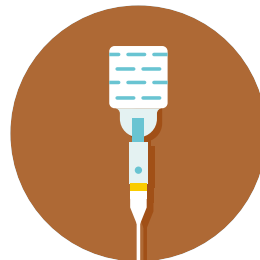
All finished



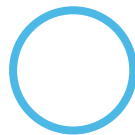
Lie back



Lift up clothes



Sticky dots placed



Wires attached



Wires and sticky dots removed